



Coronavirus (COVID-19)

Resident Update

April 14, 2020

From the Executive Director

Dear Carroll Lutheran Village Residents,

It's hard to believe that we are in the second month of this pandemic. Despite the disruption in our daily routines and anxiety that arises from the unknown, all of us are doing what we can to make the best of the situation. Team members are working hard and giving their all to keep you both safe and healthy and create some sense of normalcy.

Covid-19 Update

There are no coronavirus cases in independent living at Carroll Lutheran Village. All of us appreciate the support and cooperation of you and your family members. These protocols and stay-at-home orders are far from convenient and we know you miss your families. However, when we make personal decisions that are in the best interest of everyone, we have a better chance of keeping our community safe.

Here are a few reminders:

If you're not feeling well or are experiencing symptoms that include fever, cough, or shortness of breath, call your primary physician and remain at home. Also contact Ashley DiMaggio, Infection Preventionist, at 443-605-1022.

Residents are expected to remain at home in the community unless they have an essential reason to leave (i.e., a medically required doctor's appointment). Gov. Larry Hogan issued this Stay-at-Home order on March 30.

IMPORTANT NOTE: Residents who leave the community to an area of known Covid-19 activity are encouraged to complete a health screening and temperature check upon their return and are requested to self-quarantine for 14 days.

No Visitors are allowed, except to provide essential health care or compassionate care to residents. These essential visitors must complete a health questionnaire and have their temperature checked before entering the community.



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Outside meal delivery, pharmacy, grocery and toiletry deliveries must be coordinated to avoid interaction with outside visitors, and (other than outside meals) our recommendation is to leave it with the 300 main lobby.

A Picture is Worth a Thousand Words!

Resident Life Director Jess Andrews is asking for your help creating an appreciation video for CLV team members. She is looking for video clips (less than 30 seconds in length) and photos from residents to show their appreciation or offer words of encouragement. Using your contributions, she'll create a video montage to share with the entire team.

If you are interested in participating or have questions, please contact Jess at 443-605-1028 or jandrews@clvillage.org. Thank you!!

The Hidden Talents at CLV

Resident Linda Nichols (pianist) accompanied Michael Athens, our Director of the Health Care Center and Diven House to perform a series of show tunes! Resident Sally Adams captured it all on video so CLV residents could watch the performance on Channel 24. If you missed the performance or want to see it again, <https://www.facebook.com/CarrollLutheranVillage/videos/2963835527017161/> or visit our Facebook page @carrolllutheranvillage and click on Videos.

We've had a couple of frequently asked questions this past week so we're sharing those here. If you have other questions, please email us at CLVCares@clvillage.org.

Q1. Are residents supposed to wear masks when they are in the common areas of the main building, i.e. the mailroom?

CDC is recommending you cover your face with a cloth mask, object (i.e. scarf or bandana) if you are out. This is your decision, but we always recommend observing social distancing of 6 feet or more between you and other individuals. We have a limited number of masks available at the 300 screening station.



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Q2. Do our nurses, aides and the rest of the AL and HC workers have adequate PPE?

Yes. We track our inventory daily. We have several avenues that are filtering us PPE and we have strong relationships with the local health departments for additional resources if needed.

Q3. How many individuals have tested positive for coronavirus?

There are 26 individuals in the Health Center testing positive.

More Tips for Staying Healthy!

- Stay hydrated by drinking plenty of water or other liquids.
- Exercise your body with outdoor walks in the community and online exercise classes. Every week we're uploading new classes to our CLV Wellness Channel on YouTube.
https://www.youtube.com/channel/UCYPSvqGgCf4W_r4gW0jOFVw
- Stimulate your mind with word puzzles, Sudoku, or creating art. Take a free [online class at Harvard](#).

Questions, Suggestions or Concerns?

Families, friends and residents with questions, concerns, suggestions may call or email us. Voice messages left after business hours will be returned the following business day.

- **CLV Cares Hotline: 443-605-1013**
- **CLV Cares Email:** CLVCares@clvillage.org
- Visit www.clvillage.org or <https://www.facebook.com/CarrollLutheranVillage/> for updates.

Take care,

John B. Henry
Executive Director
Carroll Lutheran Village