

## **MEMORANDUM**

TO: Independent Living Residents

FROM: Pete Bolt, Executive Director

DATE: March 8, 2024

SUBJECT: COVID-19 Update

Last week the Centers for Disease Control and Prevention updated its recommendations on how individuals can protect themselves and communities from respiratory viruses including COVID-19. Individuals who test positive for COVID-19 may now return to normal activities after 24 hours if symptoms are improving, and if a fever is not present without using a fever-reducing medication.

CLV's guidelines remain unchanged for the increased safety of residents and team members. Residents who test positive for COVID-19 need to:

- Isolate for five days upon testing positive and/or at the onset of symptoms;
- Wear a mask for five days in the presence of other residents and team members after isolating for five days.

Residents who experience influenza or COVID-19 like symptoms should contact the RN Care Coordinator Allison Herman at 443.605.1033 and their primary care physician.

All other questions should be directed to CLV Cares at <u>clvcares@clvillage.org</u> or 443.605.1013. Messages are returned within 24 hours.